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North Carolina Department of Prisons

In 2018 North Carolina Department of Prisons experienced twelve Teambuilding Attitude Conflict Transformation Trainings at #2 Correctional Institution, 182 employees at all levels. Below is a summary of the participants' evaluations:

Staff rated the training as:

Excellent	67%
Very Good	26%
Good	5%
Fair	2%
Poor	0%

Staff rated the instructor as:

Excellent	85%
Very Good	12%
Good	2%
Fair	1%
Poor	0%

Some typical comments about the training were:

"Life transforming. I will carry this training for the rest of my career."

"Best training provided by the state. Should be mandated for all of DPS and state workers."

"I enjoyed the unity of the class and the energy to want to do better and work as a team."

"Mr. Shuford was awesome because he challenged us to be open to a new way of thinking and doing."

"I ask why? Why did this class take twenty-eight years to come into play with DPS?"

"Should be in basic training. It will reduce disagreements with new generation of staff. I am one."

"Mr. Shuford had considerable "on-the-job" experience and knowledge."

"The most informative and enjoyable, attention keeping class I have attended."

"I also liked the fact that our supervisors were able to see first-hand how we feel."

"Learned to open my eyes to any issue as a whole instead of being closed to my view only."

"I see things in a different light. I can handle things better without getting upset."

"I will be more patient and considerate of my staff feelings and needs."

"When I left class the first day, my stress was removed and I was very relaxed and calm."

"The fact that John himself was excited about the class transcended to the class."

"It allowed me to see the issues that I had myself and need to work on, especially my anger problem."

"The whole training was not what I expected. I liked watching how everyone came together as a team."

"Content was organized and practical to the issues that corrections staff face on a daily basis."

"Tremendous impact on me personally and professionally; anger management, stress and coping skills."

"Make me a better supervisor. Put my staff first instead of last."

"I learned a lot about myself and how to trust and respect others."

"The training has already helped me personally. "

Transformational Trainings in Interpersonal Skills and Attitude Development